

Swimming Pool Hours - Summer Holiday 2015 (July)

Day		Earlybird	Family Swim	General Swim	Adult Lanes	Remarks
Fri	3	06:15-08:00	15:00-17:00	17:00-20:00	20:00-20:30	
Sat	4			14:30-17:00	17:00-17:30	Swimming Lessons 9:00-12:00
Sun	5		15:00-17:00	10:30-15:00	17:00-18:00	Swimming Lessons 9:00-10:30
Mon	6	06:45-08:00	15:00-18:30*	18:30-20:30	20:30-22:00	Half Pool 17:30-18:30
Tue	7	06:15-08:00	15:00-16:30*	18:00-20:00	20:00-22:00	Swimming Lessons 4:30-6:00pm
Wed	8	06:45-08:00	15:00-17:00*	17:00-20:00	20:00-20:30	
Thu	9	06:15-08:00	15:00-17:00*	17:00-19:30	21:00-22:00	Swimming club 19:30-21:00
Fri	10	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-20:30	
Sat	11			14:30-17:00	17:00-17:30	Swimming Lessons 9:00-12:00
Sun	12		15:00-17:00	10:30-15:00	17:00-18:00	Swimming Lessons 9:00-10:30
Mon	13	06:45-08:00	15:00-18:30*	18:30-20:30	20:30-22:00	Half Pool 17:30-18:30
Tue	14	06:15-08:00	15:00-16:30*	18:00-20:00	20:00-22:00	Swimming Lessons 4:30-6:00pm
Wed	15	06:45-08:00	15:00-17:00*	17:00-20:00	20:00-20:30	
Thu	16	06:15-08:00	15:00-17:00*	17:00-19:30	21:00-22:00	Swimming club 19:30-21:00
Fri	17	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-20:30	
Sat	18			14:30-17:00	17:00-17:30	Swimming Lessons 9:00-12:00
Sun	19		15:00-17:00	10:30-15:00	17:00-18:00	Swimming Lessons 9:00-10:30
Mon	20	06:45-08:00	15:00-18:30*	18:30-20:30	20:30-22:00	Half Pool 17:30-18:30
Tue	21	06:15-08:00	15:00-16:30*	18:00-20:00	20:00-22:00	Swimming Lessons 4:30-6:00pm
Wed	22	06:45-08:00	15:00-17:00*	17:00-20:00	20:00-20:30	
Thu	23	06:15-08:00	15:00-17:00*	17:00-19:30	21:00-22:00	Swimming club 19:30-21:00
Fri	24	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-20:30	
Sat	25	10:00-11:00	11:00-12:00	14:30-17:00	17:00-17:30	Additional morning swims begin
Sun	26		15:00-17:00	10:30-15:00	17:00-18:00	
Mon	27	06:45-08:00	15:00-18:30*	18:30-20:30	20:30-22:00	Half Pool 17:30-18:30
Tue	28	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-22:00	
Wed	29	06:45-08:00	15:00-17:00*	17:00-20:00	20:00-20:30	
Thu	30	06:15-08:00	15:00-17:00*	17:00-19:30	21:00-22:00	Swimming club 19:30-21:00
Fri	31	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-20:30	

* Family Swim sessions shared with residential language students from 3-5pm.

Other Activities

Fitness areas open from 06:15 (Tue/Thu/Fri) and 06:45 (Mon/Wed) onwards

Additional Tennis Courts may be booked from 09:00-18:00 weekdays via Reception (020 8299 9292)

All Sports Club exercise classes run as normal during July

Fit For Sport children's camps run Monday 6 July until Friday 21 August www.fitforsport.co.uk

Holiday membership is £65 for July/August - open to OA's & member relatives only.

Swimming Pool Hours - Summer Holiday 2015 (Aug & Sept)

Day		Earlybird	Family Swim	General Swim	Adult Lanes	Remarks	
Sat	1	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00		
Sun	2		15:00-17:00	10:30-15:00	17:00-18:00		
Mon	3	06:45-08:00	15:00-18:30*	18:30-20:30	20:30-22:00		
Tue	4	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-22:00		
Wed	5	06:45-08:00	15:00-17:00*	17:00-20:00	20:00-20:30		
Thu	6	06:15-08:00	15:00-17:00*	17:00-21:00	21:00-22:00		
Fri	7	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-20:30		
Sat	8	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00		
Sun	9		15:00-17:00	10:30-15:00	17:00-18:00		
Mon	10	06:45-08:00	15:00-18:30*	18:30-20:30	20:30-22:00		
Tue	11	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-22:00		
Wed	12	06:45-08:00	15:00-17:00*	17:00-20:00	20:00-20:30		
Thu	13	06:15-08:00	15:00-17:00*	17:00-21:00	21:00-22:00		
Fri	14	06:15-08:00	15:00-17:00*	17:00-20:00	20:00-20:30		
Sat	15	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00		
Sun	16		15:00-17:00	10:30-15:00	17:00-18:00		
Mon	17	06:45-08:00	15:00-18:30	18:30-20:30	20:30-22:00		
Tue	18	06:15-08:00	15:00-17:00	17:00-20:00	20:00-22:00		
Wed	19	06:45-08:00	15:00-17:00	17:00-20:00	20:00-20:30		
Thu	20	06:15-08:00	15:00-17:00	17:00-21:00	21:00-22:00		
Fri	21	06:15-08:00	15:00-17:00	17:00-20:00	20:00-20:30		
Sat	22	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00		
Sun	23		15:00-17:00	10:30-15:00	17:00-18:00		
Mon	24	06:45-08:00	15:00-18:30	18:30-20:30	20:30-22:00		
Tue	25	06:15-08:00	15:00-17:00	17:00-20:00	20:00-22:00		
Wed	26	06:45-08:00	15:00-17:00	17:00-20:00	20:00-20:30		
Thu	27	06:15-08:00	15:00-17:00	17:00-21:00	21:00-22:00		
Fri	28	06:15-08:00	15:00-17:00	17:00-20:00	20:00-20:30		
Sat	29	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00		
Sun	30		15:00-17:00	10:30-15:00	17:00-18:00		
Mon	31	Closed for Public Holiday					
Tue	1	06:15-08:00	15:00-17:00	17:00-20:00	20:00-22:00		
Wed	2	Return to Normal Opening Hours					

* Family Swim sessions shared with residential language students from 3-5pm.

Other Activities

Fitness areas open from 06:15 (Tue/Thu/Fri) and 06:45 (Mon/Wed) onwards

Additional Tennis Courts may be booked from 09:00-18:00 weekdays via Reception (020 8299 9292)

There will be no exercise classes during August. Class Pass members will not be charged.

Fit For Sport children's camps run Monday 6 July until Friday 21 August www.fitforsport.co.uk

Holiday membership is £65 for July/August - open to OA's & member relatives only.