

## Sports Courses Information

### Enrolment:

For Sports Club members no forms are necessary, simply visit Reception or telephone. Non-members must register as a Course Non-Member. There is no charge, and this only need be done when you register for your first course at the club.

### Payment:

To secure your place on any course we request payment by cash, cheque or credit/debit card. Telephone booking is welcomed.

### Renewing:

Courses run through each school term. All participants are automatically registered for the next term and receive a letter offering priority renewal. **There is a deadline for payment to confirm your place, after which the place will be released.** This is important so that waiting lists can be minimised and courses can start full.

### About our courses:

Instructed by qualified coaches with years of experience. If adverse weather conditions affect outdoor sessions the club will provide shelter and if possible an alternative venue. \*Refunds are not offered in such circumstances\*.

There is normally a waiting list for our swimming courses. Please contact reception for further information.

If course enrolment numbers are low the club reserves the right to cancel courses at short notice, with a refund or credit offered.

Course Non-Members will be issued with a User Card which must be presented at Reception on each visit, and used for access to the club. User Cards also enable access to the College main site car park and College Road pedestrian gate.

Please note that College activities always take priority. If a College sports fixture overruns a course session may be delayed. We apologise for the inconvenience this may cause, but ask for your understanding and cooperation.

## DULWICH COLLEGE THE SPORTS CLUB



## Sports Course Directory

Summer Term 2015

18 April – 28 July



DULWICH COLLEGE SPORTS CLUB

London, SE21 7LD

Telephone: 020 8299 9292

Email: [sportsclub@dulwich.org.uk](mailto:sportsclub@dulwich.org.uk)

Web: [www.dcsportsclub.co.uk](http://www.dcsportsclub.co.uk)

# Sports Coaching Course Directory - Summer Term 2015

18 April - 28 July

	Ages	Start	End	Start Date	End Date	Instructor	Mem £	NM £	Location	Remarks & Exclusion Dates
<b>Monday</b>										
Fencing (Intermediate)	9 - 14	17:45	18:45	20 Apr	20 Jul	Jes	£84.00	£120.00	TBSG Hall	12 lessons excl. 4 May, 25 May
DC Staff Zumba	18+	17:30	18:30	Free with Staff Class Pass. See exercise class leaflet for details.						
<b>Tuesday</b>										
Swimming	4 - 16	16:30	18:00	21 Apr	21 Jul	Various	£71.50	£104.00	Swimming Pool	13 lessons excl. 26 May
Trampolining	5 - 16	18:15	21:15	Returns to the Sports Hall in September						
Indoor Rowing	18+	20:00	21:00	21 Apr	30 Jun	Marleen	£70.00	£80.00	Ergo Room	10 lessons excl. 26 May Call <b>07703 664 933</b> to book
<b>Wednesday</b>										
DC Staff Pilates	18+	13:20	14:00	Free with Staff Class Pass. See exercise class leaflet for details.						
Tennis	5 - 7	17:45	18:45	22 Apr	22 Jul	Hamid	£71.50	£97.50	Tennis Courts	13 lessons excl. 27 May
Tennis	8 - 12	18:45	19:45	22 Apr	22 Jul	Hamid	£71.50	£97.50	Tennis Courts	13 lessons excl. 27 May
Tennis	18+	19:45	21:00	22 Apr	22 Jul	Hamid	£71.50	£97.50	Tennis Courts	13 lessons excl. 27 May
<b>Thursday</b>										
DC Staff Body Conditioning	18+	17:15	18:15	Free with Staff Class Pass. See exercise class leaflet for details.						
Badminton	6 - 16	18:30	19:30	Returns to the Sports Hall in September						
<b>Saturday</b>										
Swimming	4 - 16	09:00	12:00	18 Apr	18 Jul	Various	£71.50	£104.00	Swimming Pool	13 lessons excl. 23 May
<b>Sunday</b>										
Swimming	4 - 16	09:00	10:30	19 Apr	19 Jul	Various	£71.50	£104.00	Swimming Pool	13 lessons excl. 24 May

## Half Term: Saturday 23 May - Friday 29 May

Swimming lessons are 30 minute group sessions divided up by age and ability level.

\*TBSG Hall = Trevor Bailey Sports Ground, located half a mile from the Sports Club along Dulwich Common, SE21 7HA

Book now on 020 8299 9292