SAFEGUARDING CHILDREN - JUNIOR MEMBER ARRANGEMENTS

In the interests of the safety and security of children using the facilities the following rules should be adhered to at all times:

General

- Junior members aged 10 and under must be accompanied by an adult at all times within the Sports Club.
- Junior members aged 11 and over may obtain their own membership card and may attend the club unaccompanied*. (See below for additional conditions)
- Junior members are not permitted to sign in members guests.

Swimming Pool

- Junior members aged 11 and over may swim unaccompanied provided they are competent swimmers.
- Junior members aged 10 and under must be accompanied to the Swimming Pool by an adult or responsible person aged 16 or over on poolside or in the water.
- Junior members aged 7 and under must be accompanied in the Swimming Pool <u>water</u> at all times by an adult or responsible person aged 16 or over. We recommend a maximum supervision ratio of one adult to two children aged 7 and under.

Changing Rooms

• Children aged 10 and under should be accompanied at all times in changing rooms. Children aged 11 to 18 should not use a changing room alone when adults other than their parents are present.

The accessible changing rooms may be used in these circumstances.

• Children aged 8 and over must use the correct gender changing room.

Fitness Suite/Free Weights

Junior members may use the Fitness Suite and Weights Room from age 14 upwards, after completing an induction with a Fitness Instructor.

Non-Member User Cards

Junior non-members may obtain a User Card and access the club unaccompanied card from the age of 11^{*}. Children aged 10 and under must be accompanied into the club by an adult carrying a valid User Card and delivered to their activity coach.

Member's Guests

Member's guests may only be brought into the club by an adult member age of 18 and over.

Thank you for your cooperation

Sports Club Manager September 2014

*This age limit has recently been reduced from 13.